

Cypress

Published Quarterly For The Staff
Community Hospital of the Monterey Peninsula
Fall 1979



Miyo Enokida, R.N., honored for 30 years service at Community Hospital, holds one of her recent charges, Sajonia Gillette.



Being applauded for her 30 years of outstanding service with Community Hospital is Miyo Enokida. On her right is Dr. Arnold Manor who worked with her all those years, and on her left is Tom Tonkin, hospital administrator. Behind her is her nursing school graduation photo.

Nursing profession saluted

Miyo Enokida honored for 30 years' service

It began as a surprise party honoring Miyo Enokida, R.N., but before the evening was over it was described as a salute to the nursing profession.

Former and present co-workers turned out 158 strong to celebrate Miyo's 30th anniversary of service with Community Hospital of the Monterey Peninsula.

The banquet was held at the Officers' and Faculty Club at the Presidio of Monterey. It was a surprise for the obstetrics' nurse who had thought she was going to the club for a dinner with the family of Edith Ichiuji, R.N., who organized the tribute.

Her friends filled the banquet hall. The many tables were decorated with flowers. On the walls were large photos from her childhood, from her high school annual, from her graduation day at nursing school and from just the other day with a baby in the delivery room.

There were testimonials and gifts from the nursing staff; from Tom Tonkin, administrator of the hospital, and from Arnold Manor, M.D., on behalf of all the physicians who had worked with Miyo.

It was Dr. Manor, who worked side-by-side with Miyo those 30 years, who spoke for all of her friends when he said:

"This evening we are here to celebrate and honor Miyo Enokida on her completion of 30 years' service at Community Hospital. I believe we are

doing more than this — we are also doing honor to the nursing profession of which Miyo is such an outstanding representative.

"There is one thing good to be said about getting older (there aren't many) and that is the continuity of friendships lasting as long as 30 years. Miyo, in her competent devotion to our many patients, has made my life both easier and more enjoyable, and my gratitude to her for this and for her continuing friendship knows no bounds.

"Miyo carries into her non-professional life the good qualities so familiar to us who have worked with her. She has been devoted to her family, and she has been a true Jewish Mother to members of the Japanese community who became patients in the hospital. Her active helpful concern for their welfare is something to be admired. She is a thorough American — but also has the Japanese love of plants and flowers and baseball. Her vacations are frequently oriented around the World Series.

"In my long years with her I have had many chances to discuss our philosophies of life and I know that her sense of values, her recognition of the appropriate importance of material things will lead her to remember and treasure the expressions of love and respect from all of us long after the gifts she is receiving are gone.

"In this age of cynicism, selfishness and violence,

it is reassuring to know one shares his humanity with someone like Miyo."

Among the special guests at the banquet were Tommy Tabata and his parents, Jimmy and Cedar Tabata, owners of the Sunrise Grocery in Monterey. Tommy, 30, was one of the first infants Miyo helped deliver. Also present were the obstetrician at that birth 30 years ago, Dr. Manor, and Tommy's pediatrician, LeGrand Woolley, M.D.

Miyo, was born on the Monterey Peninsula, graduated from Monterey High School where she excelled in sports, especially basketball. She intended to major in physical education at San Jose College and was studying at Salinas Junior College (now Hartnell College) when World War II broke out.

She and her family were placed in an internment camp in Stockton. She worked in the camp hospital for five months and was then sent to another internment camp at Rohwer, Ark., where she worked 18 months as a surgical nurse's aide. Released in 1943, she went to work in Cincinnati, Ohio as a nurse's aide and entered nursing school in Milwaukee in 1945, graduating in 1948. She returned to the Monterey Peninsula and went to work at Community Hospital's maternity ward in 1949.

The morning after the banquet in her honor, Miyo said the evening was like a chapter out of Fantasy Island. "I'm grateful beyond words," she said.

Maria Fabian marks 20 years with hospital

"I like everyone here," Maria Fabian said shortly after marking her 20th year as a diet assistant at Community Hospital.

Those who work with Maria say the feeling is mutual.

Born in Garzia, Italy, Maria and her husband, Stanley, live in Pebble Beach. Mr. Fabian teaches Latin and Spanish at Pacific Grove High School and Italian at Monterey Peninsula College.

Maria, who speaks Italian and Yugoslavian as well as English, has been called upon from time to time to act as an interpreter.

She came to work at Community Hospital 20 years ago in The Annex of the old hospital. She said one of the most exciting times in her years here was moving to the new hospital in 1962.

The Fabians enjoy traveling and toured Europe in 1968 and again two years ago.

Other employees who recently marked significant anniversaries of employment at Community Hospital include Miyo Enokida, a labor and delivery nurse here for 30 years whose story appears elsewhere in this issue, and Shirley Longueria, R.N., of the Nursing Office, who observed her 15th year of service.

Marking 10 years of service were Joan Beard of Garden South, Chuck Faxon of Pharmacy, Doye Gay of Housekeeping, and Gerald Strellner of Central Service.

Five years of service were observed by Michael Baker of the Storeroom, Richard Bulich of Pharmacy, Susan Kordell and Peggy Miner, both of Garden Pavilion, Phyllis Michelson of the Operating room, and Bonnie Pina of Housekeeping.



Maria Fabian, diet assistant, is marking her 20th year with the hospital.

Parking addition nears completion

Soon after completion of the new parking area, weekday, day-time employees will be asked to park there.

Ninety-nine spaces are being added and should be in service before the end of October.

More P.M. spaces will be added to accommodate all male and female P.M. employees.

The first 147 spaces in the West parking area will be reserved for outpatients and visitors.

It is noted that most hospitals have special parking areas for employees and give priority for reserved, close-in parking to outpatients and visitors. Because of the new spaces, Community Hospital now will be able to do this.

Day-time employees will be asked to use unmarked spaces to park. Spaces marked "doctor" or "outpatient/visitors" may not be used by employees on the day shift. Spaces designated "P.M. staff" may be used only by personnel who go off duty after 9 p.m.

Benefits improved for hospital staff members

Improved as of October 1 are a number of benefits for employees of Community Hospital.

A higher differential is being paid to evening and night staff employees. It was changed from a flat dollar amount to an increase of 7 per cent above day-time employees for the P.M. shift and 10 per cent for the night shift.

Major disability leave accumulation was increased from 800 hours (20 weeks) to 1,050 hours (26 weeks).

Major medical insurance was improved by lowering from \$500 to \$300 the maximum payment due from the insured for covered services. That means that should an employee have an illness or injury covered by major medical insurance, the maximum out-of-pocket expense should not exceed \$300.

A new 50 per cent discount on outpatient services in the Mental Health Center is now allowed for employees and their families. That is in addition to a 50 per cent discount given to employees on charges for laboratory and X-ray work not paid by insurance.

The paid leave plan was improved for employees

with more than seven years service. Instead of the 28 days of paid leave given employees who had between 3 years and 10 years service, employees with seven to 14 years service receive 33 days of paid leave annually. Employees with more than 14 years service get 38 days. Sick time, funeral leave and visits to doctor or dentist are taken from paid leave. In the case of long-term illness, that is paid from major disability leave.

Education expense reimbursement up to \$250 per employee annually now is allowed for approved costs in connection with an accredited education program which need not be job related.

To assist in recruiting staff in registered and licensed positions, a new hiring level is in effect. Applicants with three years of approved experience in the previous five years are to be employed at Step 2. Present experienced staff that qualified were moved from Step 1 to Step 2 on October 1.

In announcing the new benefits, Thomas E. Tonkin, administrator, said: "Your work and effort towards the best patient care and other services at Community Hospital are recognized and much appreciated."

Helicopter rescues nurse's llama

Meredith Harrill, R.N., will not soon forget her vacation in the summer of 1979.

It was a bad season for Caruso, her pet llama, who got sick in the Ventana Wilderness of Monterey County and had to be rescued by helicopter.

Meredith has been with Community Hospital seven years and works in the Recovery Room.

She and her husband, Jim, who teaches at Cypress High School in Monterey, had intended to spend the summer building their new home in Jacks Peak. They are doing all the work themselves.

They decided they had earned two or three days in the wilderness so they packed Caruso and took off. They made it to Pine Valley, deep in the brush-covered mountains, five miles from the nearest road. It was there that Caruso collapsed with what turned out to be white muscle disease.

Jim hiked the 10-mile round trip each day to feed and care for Caruso while Meredith and friends sought rescue help.

There is no easy way to get a 500-pound llama

There is no easy way to get a paralyzed, 500-pound llama out of the wilderness.

Finally, Marine World Africa USA and the Society for the Prevention of Cruelty to Animals formed what the *San Francisco Chronicle* described as "one of the most unusual rescue missions ever assembled."

Included were the two-man crew of a huge chartered helicopter, two veterinarians from Marine World Africa USA at Redwood City, John Tiernan of the SPCA, Meredith and Jim.

The only place a helicopter can be landed in the extremely rough terrain of the Ventana Wilderness was a spot one mile from the llama.

Rigging a sling, the rescuers carried the llama that mile to the helicopter which was large enough for the llama to ride inside. They landed in Monterey and Caruso was taken to his home in Jacks Peak for rest and medication.

The night before that helicopter rescue, Jim had camped out with Caruso because mountain lion tracks had been found in the area. Because it was deer season and they didn't want deer hunters mistaking Caruso for a deer, they had tied a T-shirt around his long neck.

Caruso is 3, one year older than the Harrills' son, Brent. They got the llama two years ago as a pet, as a packing animal, as a source of manure for their vegetable garden and wool for Meredith's loom.

The Harrills like backpacking with Caruso, but they load him lightly. He was carrying only about 40 pounds when he became ill. White muscle disease, incidentally, is a vitamin E and selenium deficiency.

Llamas are indigenous to Peru and Bolivia.

"We are very grateful for all the help we received. I am happy to report that Caruso is fine now," Meredith said.



Meredith Harrill tends her helicopter-rescued llama.



Tending her llama-fertilized garden in Jacks Peak.

Brent Harrill has other interests as his mother, Meredith, shows a sample of her weaving.





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Caruso the celebrated llama is shown with her owner, Meredith Harrill, R.N.



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